

Youth Basketball League Rules, Regulations, and Remarks

First Baptist Church of Racine

Game Format

- Games will consist of two 15-minute halves with a 5 minute half-time.
- The clock will stop every 5 minutes for substitutions.
- No scores will be kept for the K5 and First grade groups.
- There will be no timeouts during games.
- The clock will be stopped on all whistles during the last minute of every 5 minute segment.

Specific Rules for Game Play at FBC Racine

- Each team will play straight Man-to-Man defense. No zone defenses are to be played.
- Double teaming is not allowed; however, help defense is encouraged. Help is allowed in the events of screens, fast breaks where another defender is not available, and drives into the lane where the offensive player is within arm's reach.
- Defensive players must stay within arm's reach of the player they're guarding.
- Full court presses are not allowed. Defenses will pick up at half court.
- Steals off the dribble are not allowed. Steals off the pass ARE allowed.
- Situations where a point is scored in the wrong goal will be treated as a turnover, but no points given to the opposing team.

Rule Changes for 2012 Season

- We WILL do free throws this year, but only for our 2nd and 3rd grade teams. This will only be done for shooting fouls. We will not have bonus situations. Our past two seasons, we haven't shot them in any age group.
- Backcourt violations will be called this year on all grade levels.

Notes to parents

First, we want to thank you for considering our league and we hope to fulfill all of the expectations that your child has for playing. We do realize that some of the specific rules aren't ideal, but after two seasons of trying to get the best overall experience, these are what we've decided on. This is because our goals are to see each child improve fundamentally. That simply cannot be done at these ages when our league and coaches are more concerned with winning than teaching skills and sportsmanship.

Also, we want you to know that, aside from this league, we have a functioning church that desires to serve God and the families of this community. We realize that families struggle in a multitude of different areas. We are here to help. If you have questions, need counseling, or need anything else, please let us know.

Thank you for your support,

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